

## General Dentistry

# Dyer Family Dentistry

Dr. Marc Dyer

804 N. Mulberry St.

Elizabethtown, KY 42701

(270) 769-3990



My gums bleed quite a bit when I brush my teeth, is there a problem?

**A** Yes, bleeding gums during brushing is a sign of inflammation or gingivitis. As plaque settles along the gum line due to inadequate removal, the gingival tissues become red and inflamed. If your gums bleed, it's best to seek a professional dental cleaning and you also need to improve your brushing and flossing routine. Inflamed gingival tissues can lead to more severe gingival or periodontal disease. Contact a dentist to schedule your cleaning and soft tissue exam soon.